

## Spa Hours

6am to 8pm daily

## Spa Treatments

8am to 8pm

## Spa Fees

\$20 hotel guests

\$25 non-hotel guests

Minimum age requirement is 18 years  
to utilize facilities and services

## Enjoy Our Luxurious Facilities

20,000 square feet

Full line of spa amenities including:

Sauna

Steam

Deluge

Whirlpool

Cold Plunge

Swiss Shower

Private Lockers

State-of-the-art fitness center complete  
with free weights, cardiovascular, circuit training  
and TV's with private headphones.

Complimentary bottled water, juice,  
herbal tonics, teas and fresh fruit.

## Spa Reservations

We strongly recommend booking your Spa  
reservation in advance to ensure you receive  
the treatment and time of your choice.

## Cancellation Policy

As a courtesy, please provide 8 hours notice if you  
must cancel an appointment. All cancellations not  
made during this time will be charged at full price.

## Contact Us

702.942.6937 | [palms.com](http://palms.com)

## Spa Etiquette

Most Commonly Asked Questions

### What do I need to bring?

The Spa at the Palms provides robes and sandals. All you will  
need to bring is swimsuit or workout attire if you plan on utilizing  
the water therapies or fitness center.

### How early should I arrive for a spa treatment?

We suggest arriving 30 minutes prior to your first treatment to  
allow yourself time to check in, change and familiarize yourself  
with the Spa. We also recommend you shower and enjoy our  
relaxing water therapies.

### Should I alert someone if I have any physical ailments, disabilities or allergies?

If you have high blood pressure, suffer from allergies or are  
pregnant, notify the Spa receptionist prior to booking.

### Do I have to disrobe entirely?

You can wear a bathing suit if this would make you more  
comfortable, but keep in mind that our therapists are trained  
to drape towels or sheets discreetly over any areas not involved  
in the treatment and to protect your privacy at all times.

### What is the tipping policy?

An 18% service charge will be added to all spa treatments,  
which includes gratuities for the service provider as well as  
the spa staff.

## Body Treatments

### Orange Blossom Body Facial

Your body is exfoliated with an aromatic Mandarin Orange Body Scrub for smooth and refreshed skin. A gentle mist of Orange Blossom Aromatherapy oil is applied followed by a facial quality massage lotion. The final step is the application of Glycolic Polymer Cream with peppermint extract to further smooth, exfoliate and stimulate your skin.

**80 Minutes**

### MicroDerm Body Scrub

Old world tradition meets modern technology in this Epicuren body scrub. Epicuren's state of the art Tri-Crystal Micro Dermabrasion technology combines a sea salt, sugar, and magnesium oxide crystals to give you the delicate hand-applied exfoliation of a full body Micro Dermabrasion, but in an application of traditional salt scrub. This treatment features the unique "Epicuren Hydra Shield" formula that will intensely moisturize the body and then seal it in. The results are unbelievably silky, glowing skin.

**25 Minutes**

### Brazilian Rainforest Body Wrap

From the vast botanical diversity of the Brazilian Rainforest, honeybees collect the raw materials to produce Propolis. Propolis is naturally high in antioxidants, extremely healing, and forms a natural barrier against disease. In this innovative treatment, Propolis is applied to your skin and your body is wrapped for complete absorption of the magical elixir. After the wrap, to further seal in the Propolis, warm Coconut Milk is poured over your entire body and gently massaged in for astonishing healing and moisturizing results.

**80 Minutes**

### Green Tea & Ginger Enzyme Body Wrap

Start with a full body scrub containing Napa Valley Grape Seeds, which are high in antioxidants and a natural cleanser made from Geranium essential oils. A body wrap follows with Green Tea to balance the body's yin and yang, Ginger Root to invigorate the mind, and Seaweed Algae to nourish the body. The final step is a body massage with a facial quality aromatherapy massage lotion.

**80 Minutes**

### Pure Fiji Body Scrub®

Get the island glow with this two-in-one beauty ritual. Raw sugar cane crystals gently buff away dull skin cells and unclog pores, while virgin coconut oil nourishes, hydrates, and protects your skin. A moisturizing body butter is then applied to the body that absorbs rapidly, leaving your skin luscious, smooth, and smelling blissful.

*Your choice of Coconut or Pineapple scents.*

**50 Minutes**

### Ginger Wasabi Wrap

Our Ginger Wasabi wrap is an innovative and effective way to indulge your body. The Ginger Wasabi gel is healing, detoxifying, and is an anti-aging remedy for the body's tired and weary skin. A calming rice putty is added for anti-inflammatory benefits and to increase the skin's protective capabilities.

**50 Minutes**

## 100% Pure® Body Treatments

100% Pure® products are all organic. They do not contain any artificial fragrances, chemicals, harsh detergents, animal by-products, fillers, thickeners, emulsifiers, or water.

### Shea Butter Body Buff

Smooth away bumps and flakes with delicious body scrub packed with skin brightening fruit acids, moisturizing cabernet grape seed oil, anti-aging vitamins and antioxidants. Following the exfoliation, Pure Blood Orange Shea body butter is melted and applied all over the body leaving the skin smooth, silky, and radiant.

**50 Minutes**

### Eucalyptus Sea Therapy Body Scrub

A minty body scrub with peppermint and eucalyptus oils refresh and invigorate to jump start your day.

**25 Minutes**

## Facials Epicuren Facials

Scientists first observed the Epicuren Discovery in hospitals where physicians treating burn patients became aware of a dermal phenomenon. When certain treatments were applied to a burned area, the cells of adjacent skin covered by medications became significantly more healthy and vital. Epicuren Discovery then developed a skincare treatment program in response to the realization that consistent cellular rejuvenation was repeatedly proven under demanding conditions. The Epicurean Company developed a revolutionary skincare treatment program in response to the realization that Metadermabolic Enzyme complexes offer a high intensity and effective path to aesthetic improvement. Epicurean products actively promote total skin health by topically stimulating the body's entire immune system.

### Palms Signature Facial

Often described as a non-surgical face-lift, this treatment works wonders on all skin types. Improves skin's clarity, elasticity, texture and overall health. This classic facial also encourages detoxification and helps to speed cell metabolism.

**50 Minutes**

### Alpha Lipoic Facial

This facial combines amino acids, trace minerals, Propolis and Vitamins A, C and E to leave the skin feeling infinitely more youthful.

**80 Minutes**

## Hydrating Propolis Facial

Straight from the Brazilian Rainforest, Propolis is a key ingredient in building health and immunity of the skin. This treatment will nourish, hydrate and re-mineralize all skin types achieving phenomenal results.

*50 Minutes*

## Green Tea & Ginger Facial

This facial is an excellent calming treatment utilizing the benefits of seaweed extract, ginger and soothing green tea. Our aloe based organic mask delivers vital minerals and nutrients when used wet. When allowed to dry, it detoxifies and purges the skin of impurities.

*50 Minutes*

## Gentlemen's Facial

The Gentlemen's facial utilizes our Skintopia Men's Kit. This treatment addresses issues of ingrown hairs, razor irritation and overactive oil glands. This facial is a great way to introduce men to a daily skin care regime.

*50 Minutes*

## Arcona Facials

Arcona skin care and the Arcona Studio were born in Los Angeles in 1989, established by a remarkable woman named Arcona. A chemist and pioneer in holistic skin care long before it became trendy; she developed skin care products and treatments that would provide Hollywood celebrities-as well as women and men everywhere with an alternative to cosmetic surgery and other harsh treatments to forestall the effects of aging.

## Arcona's Deep Cleansing Facial

Arcona's Deep Cleansing Facial captures the energizing and therapeutic qualities of organically grown flowers and plants to thoroughly cleanse, exfoliate, and help balance the skin. This treatment helps to not only rejuvenate your skin but also your spirit by using the finest enzymes, herbs, vitamins & essential oils.

*50 Minutes*

## Arcona's Awards Night

This ultra firming facial treatment combines vitamins, amino acids, and fermented wines to strengthen and tone the skin. Highly active and regenerative properties gently exfoliate, firm and tone leaving your skin with that "Arcona Glow". Perfect for that special occasion!

*50 Minutes*

## Oxygen Therapy Treatment

This facial utilizes LED Therapy which stands for Light Emitting Diode. This new and innovative therapy uses specially coded arrays of light to modulate the activity of living cells. It helps boost collagen and helps reverse the effects of sun and environmental damage. This effective combination of pure oxygen and LED Therapy procedure combines 87 different vitamins, minerals, amino acids, and enzymes which will nourish regenerate, cleanse, hydrate and revitalize every cell of the facial skin.

*50 Minutes*

## Arcona's Customized Enzyme Peel

Using aromatic and gentle steam, the Arcona Enzyme is a relaxing treatment that deeply exfoliates the dead damaged surface layer of the skin and unveils fresh glowing beautiful skin. By having Arcona Enzymes Peels periodically, the body is forced to constantly manufacture new skin, which creates stronger healthier younger looking skin. These natural organic fruit enzyme peels are customized for each particular skin type. If lines, wrinkles, loss of elasticity, discoloration, congested pores and lackluster skin plagues you, then this treatment is for you.

*50 Minutes*

## Ice Globe Dermal Infusion

Arcona Ice Globes on your skin create the perfect cold temperature that allows the skin to expand and receive an extraordinary mixture of added vitamins and serums. This mixture is absorbed and sealed within the dermis. The result is a deeply nourished, radiant and wrinkle free look.

*50 Minutes*

## Facial Add On's

LED Therapy  
Oxygen  
Hand Treatment

Brow Wax  
Lip Wax  
Chin Wax

Silver Mask  
EyeTherapy  
Ice Globe

## Waxing Services

Bikini Wax  
*30 Minutes*  
Brazilian Wax  
*30 Minutes*

Half Leg Wax  
*30 Minutes*  
Back Wax  
*30 Minutes*  
Full Leg Wax  
*50 Minutes*

Full Face Wax  
*30 Minutes*  
Arm Wax  
*30 Minutes*

## Massage Therapies

Our massage therapists are certified and carefully chosen for their range, depth of knowledge and experience. Enjoy each indulgent moment as you enter a state of deep tranquility and well being.

## Palms Custom Massage

This personalized massage utilizes the therapists own unique skills to fit your needs. Reduces muscle pain and tension, alleviates stress, increases circulation and improves range of motion.

*50 / 80 Minutes*

## Deep Tissue Massage

A special deep tissue massage for those familiar with bodywork and who typically request a deeper, firmer therapy. This massage incorporates Swedish and deep tissue techniques to affect the release of recurring muscle tension.

*50 / 80 Minutes*

## Rescue Remedy Massage

Does your neck and back need full attention? Would you like to divide your time between, reflexology and energy work? This massage focuses solely on your bodies most stressed areas. Our therapist will be happy to tailor modalities in this massage just for you!

*50 / 80 Minutes*

## Southwest Stone Massage

This massage is an ancient art of healing that uses all four elements of nature to bring relief to tense muscles, sore joints, and stressed emotions. This clinical application of massaging with the deep penetrating heat of smoothed, hot stones leaves a trail of warmth to the center of your body.

*50 / 80 Minutes*

## Native Botanical Massage

The Native Botanical Company offers a truly unique and exquisite aromatherapy combining Native American herbalism, modern botanical knowledge, and true aromatherapy. Our therapist will help you select from the five oils to fit your needs.

*50 / 80 Minutes*

## Pick Me Up

When time is limited, this 25-minute neck, back, and shoulder massage will get you through the rest of the day.

*25 Minutes*

## On The Spot

This time-conscious deep tissue therapy targets the specific areas when you need the most work.

*25 Minutes*

## Reflexology

Based on the theory that zones of the feet correspond to specific areas of the body, this therapy focuses entirely on the feet.

*25 Minutes*

## Scalp Massage

Stress can hide under your hair! This therapy will ease tension in the scalp and neck as well as revitalize hair follicles.

*25 Minutes*

## Shiatsu

This traditional style of Asian Bodywork uses techniques of stretching and direct pressure to help rebalance the body and relieve stress. Please wear loose, comfortable clothing to obtain the maximum benefits.

*50 Minutes*

## Ashiatsu Massage

An intense massage performed by our therapists who expertly manipulate the muscles using their feet, while supporting themselves with bars that are suspended from the ceiling.

*50 / 80 Minutes*

## Table Thai Massage

This massage comes from an ancient interactive style, originating in Thailand. Your therapist gently pulls, pushes, and kneads your muscles in patterns of gentle rocking and rhythmic compressions. Please wear loose, comfortable clothing to obtain the maximum benefits.

*50 Minutes*

## Couples Massage

Our Couples Massage Room is designed for two people to enjoy their massages together in the same relaxing space.

## Couples Custom Massage

*50 / 80 Minutes*

## Couples Deep Tissue Massage

*50 / 80 Minutes*

## Aura Soma Treatment

### Aura Soma® Color Massage

Aura Soma is a healing system based on minerals, crystals, herbs, and plants that combine to create a complete color package. You are the colors you choose. Guests will experience an in depth reading based on the bottles of oil they choose. This allows you to understand your gifts and talents on a deeper level. A color equilibrium massage is then performed correlating with the oils you have chosen.

*50 Minute Massage/80 Minute Massage and Reading*

### Rainbow Butterfly Essences Body Wrap

Rainbow Butterfly essences are composed of high frequency energy that acts as a potential pick me up. This massage and body wrap enhances all renewing activities, bringing the mind and body to a higher sense of self and well being.

*80 Minutes*

### Care Free Foot Treatment

Soothe your aching, tired feet with this all natural plant and herbal extracts treatment incorporated with a vigorous foot massage. Your feet will thank you!

*25 Minutes*

## Menu of Services

### Massage Therapies

Palms Custom Massage	50 min \$125.00	80 min \$180.00
Native Botanical Massage	50 min \$135.00	80 min \$190.00
Shiatsu Massage	50 min \$145.00	
Ashiatsu Massage	50 min \$150.00	80 min \$200.00
Table Thai Massage	50 min \$150.00	
Deep Tissue Massage	50 min \$145.00	80 min \$200.00
Rescue Remedy Massage	50 min \$145.00	80 min \$200.00
Southwest Stone Massage	50 min \$145.00	80 min \$200.00
Pick Me Up	25 min \$75.00	
On the Spot	25 min \$85.00	
Reflexology	25 min \$85.00	
Scalp Massage	25 min \$75.00	

### Couples Massage

*(Priced per person)*

Palms Custom Massage	50 min \$125.00	80 min \$180.00
Deep Tissue Massage	50 min \$145.00	80 min \$200.00

### Aura Soma® Treatments

Color Massage	50 min \$145.00
Color Massage and Reading	80 min \$200.00
Rainbow Butterfly Essences Body Wrap	80 min \$185.00
Care Free Foot Treatment	25 min \$85.00

### Body Treatments

Orange Blossom Body Facial	80 min \$185.00
MicroDerm Body Scrub	25 min \$85.00
Brazilian Rainforest Body Wrap	80 min \$185.00
Green Tea & Ginger Sea	80 min \$185.00
Enzyme Body Wrap	
Pure Fiji® Body Scrub	50 min \$135.00
Ginger Wasabi Wrap	50 min \$150.00
Shea Butter Body Buff	50 min \$125.00
Eucalyptus Sea Therapy Body Scrub	25 min \$75.00

### Epicuren® Facials

Palms Signature Facial	50 min \$125.00
Alpha Lipoic Facial	80 min \$200.00
Hydrating Propolis Facial	50 min \$135.00
Green Tea and Ginger Facial	50 min \$125.00
Gentlemen's Facial	50 min \$125.00

### Arcona® Facials

Deep Cleansing Facial	50 min \$145.00
Awards Night Facial	50 min \$135.00
Oxygen Therapy Treatment	50 min \$135.00
Customized Enzyme Peel	50 min \$175.00
Ice Globe Dermal Infusion	50 min \$125.00

### Facial Add-Ons

LED Therapy	\$25.00
Oxygen	\$25.00
Hand Treatment	\$25.00
Silver Mask	\$30.00
Eye Therapy	\$35.00
Ice Globe	\$25.00
Brow Wax	\$25.00
Lip Wax	\$20.00
Chin Wax	\$20.00

### Waxing Services

Bikini Wax	\$85.00
Brazilian Wax	\$95.00
Full Face Wax	\$85.00
Arm Wax	\$85.00
Half Leg Wax	\$85.00
Back Wax	\$85.00
Full Leg Wax	\$125.00



PALMS  
SPA

702.942.6937 | palms.com

Please note an 18% service charge will be added to all treatments.